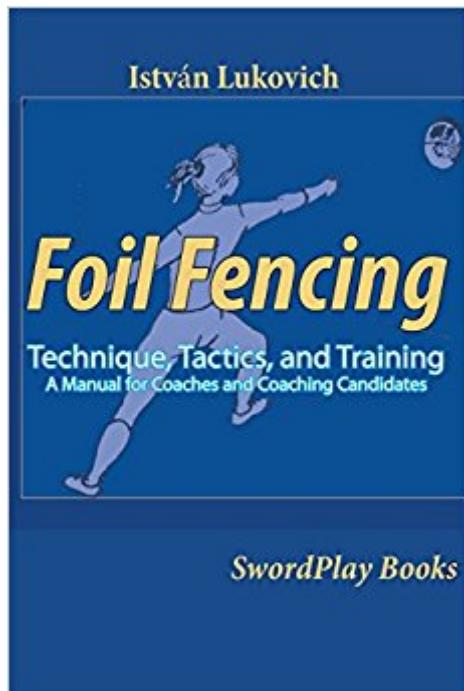


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Foil Fencing: Technique, Tactics And Training: A Manual For Coaches And Coaching Candidates



Synopsis

This essential handbook presents basic foil technique and tactics -- and how to teach them successfully to beginners and more advanced fencers. It presents countless practical tips , plus the distilled wisdom of generations of masters of the Hungarian school. It is rigorously technical, yet adapted to the demands of contemporary competition. There are nearly 200 illustrations.

Book Information

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